



Aldine Independent School District Elementary School Advisory Guide

- Classroom and Advisory Videos
- Discussion Questions
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- Lesson Plans



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Experts with the Collaborative for Academic, Social and Emotional Learning (CASEL) confirm that social and emotional learning (SEL) is essential to the school and life success of all children. Why? Our emotions and relationships affect how and what we learn. Emotions can enable us to generate an active interest in learning and sustain our engagement in it. On the other hand, unmanaged stress and poor regulation of impulses interfere with attention and memory and contribute to behaviors disruptive to learning. Studies confirm SEL benefits including reductions in child aggression, substance abuse, delinquency, and violence; lower levels of depression and anxiety; and increased grades, attendance, and performance in core academic subjects.

This guide provides a suggested order for putting **Connect with Kids** social and emotional learning video resources, along with discussion questions and activities, to work in the elementary school classroom. Business experts call it “see-feel-change,” fueling action by sparking emotion. Connect with Kids calls it **educating the heart**: using the power of storytelling and peer-to-peer connections to create heart-felt associations. Research shows that children and adults who emotionally connect with an experience are more likely to make life-long behavioral change than those who just receive information about that experience. Students realize that they are not alone in their feelings and learn to trust their teachers, classmates and themselves as they navigate social and emotional challenges that naturally occur in the elementary school years.

Search for the program title to find video and print resources, which all stream 24/7 via your Connect with Kids WebSource website subscription or custom school website.

Questions?

Please contact Connect with Kids Client Support at **888-598-KIDS (5437)** or email info@cwknetwork.com.

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Session	Topic	Program Title	Description
1.	Life Skill Development	<u>Kindness</u>	Russell Mayhew's first-hand experience taught him how it feels when people behave unkindly.
2.	Life Skill Development	<u>Integrity</u>	Samantha and Zach faked illness to stay home from school, while Clinard acted with integrity when he saw friends take a lost wallet.
3.	Life Skill Development	<u>Patience</u>	Lane is learning to play the viola, which takes lots of patience. Sarah is older than Lane, and her patience in practicing the violin shows in her music.
4.	Life Skill Development	<u>Loyalty</u>	Ashley Martin's loyalty and dedication helped her to win her teammates' respect.
5.	Life Skill Development	<u>Honesty</u>	When students choose to steal, cheat or lie, they must accept the negative consequences of their dishonest behaviors.
6.	Life Skill Development	<u>Respect</u>	Sarah Gaspari and Gema Villacis have a unique friendship based on respect. Gema cannot hear or speak, so Sarah has learned sign language.
7.	Life Skill Development	<u>Freedom</u>	Branka and Alexandra Lalovic's family fled to America to escape a war in Sarajevo and to experience more freedom.
8.	Life Skill Development	<u>Self-Control</u>	Students learn to deal with aggravating situations in a calm and friendly manner.

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9.	Life Skill Development	<u>Generosity</u>	Monique Swinger devotes her time and commitment to mentoring community youth.
10.	Life Skill Development	<u>Perseverance</u>	With dedication and hard work, Jeannie Placek persevered to become a successful gymnast.
11.	Life Skill Development	<u>Honor</u>	Nader Parman was seven when he died in an accident. Kids at Nadar's school found several ways to honor their friend's memory, including a "fun run."
12.	Life Skill Development	<u>Responsibility</u>	Ricky Stocks, Dane Scherbarth and Melanie Hoffman learned to stay safe by being responsible.
13.	Life Skill Development	<u>Fairness</u>	Hunter Scott and Shaina Mangum work hard to succeed despite the unfair physical challenges they face.
14.	Life Skill Development	<u>Diligence</u>	Carmen Bandea diligently works toward her goal of becoming a world-class tennis player.
15.	Life Skill Development	<u>Trustworthiness</u>	Best friends Meredith and Molly, along with Rene Cowan, have learned the value of trust in a friendship.
16.	Life Skill Development	<u>Cooperation</u>	Students learn how cooperation on stage and behind the scenes is critical to a play's successful run.

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17.	Life Skill Development	<u>Citizenship</u>	These friends found a unique way to be citizens who give something back to their community – they are donating their hair to Locks of Love.
18.	Life Skill Development	<u>Caring</u>	The caring nature of family and new friends helped Hallie and Elena Ricardo cope when their family moved to another state.
19.	Life Skill Development	<u>Togetherness</u>	For Allison Major, Lane Siedor, Irene Butler and Catherine Cheetham, there is no “I” in “team.”
20.	Life Skill Development	<u>Peace</u>	Sherell and Mariah are best friends. But like any friends, they have arguments. It is then that the girls must choose how to resolve their conflict.
21.	Life Skill Development	<u>Courage</u>	David Mullinax showed courage when he helped his bullies cope with their own personal problems.
22.	Life Skill Development	<u>Tolerance</u>	Cory Strieff and Jason Harris embrace tolerance by accepting their cultural and racial differences.
23.	Life Skill Development	<u>Courtesy</u>	A violent argument at a basketball game reminds Colt Barron that both children and adults can teach others to be courteous by modeling courteous behavior themselves.
24.	Life Skill Development	<u>Helpfulness</u>	Krystal Williams models helpfulness for her campers on a daily basis.

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25.	Achievement and Resilience	<u>Does Penmanship Matter</u>	Kids discuss what encourages good study habits and why school attendance is important.
26.	Achievement and Resilience	<u>Learning Good Habits Early</u>	Students discuss their dreams and how staying in school will help them achieve their goals.
27.	Bullying Prevention	<u>Baby Bullies Part 1</u>	Bullying tendencies can begin as early as two years old. Terrible feelings from being bullied can start as early as three years old.
28.	Bullying Prevention	<u>Baby Bullies Part 2</u>	Playground bullying can be hard to spot. Nine-year-old Brianna says she has been a victim to bullying for as long as she has been in school.
29.	Bullying Prevention	<u>Baby Bullies Part 3</u>	Norma has been a bully since preschool. When asked why she bullies, she wouldn't answer.
30.	Bullying Prevention	<u>Baby Bullies Part 4</u>	The number one reason for kids becoming bullies is not because they are bad or mentally ill. Kids see that intimidation works.
31.	Bullying Prevention	<u>Baby Bullies Part 5</u>	Tucker and Matthew have created a pact to look out for one another on the playground. A buddy system at recess to keep away bullies.
32.	Health and Wellness	<u>The Biggest Generation Part 1</u>	Today more kids are overweight than ever before. This is America's "biggest" generation of kids with a life expectancy that could be shorter than their parents.

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Session	Topic	Program Title	Description
33.	Health and Wellness	<u>The Biggest Generation Part 2</u>	Schools must play a role in working to decrease childhood obesity. A nutritional planner, exercise at school, bringing back Physical Education, and promoting healthy eating are four tips that schools can use to fight childhood obesity.
34.	Health and Wellness	<u>The Biggest Generation Part 3</u>	Teaching kids to love exercise, modeling the importance of exercise, and incorporating healthy foods into your child's diet are ways for parents to help stop childhood obesity.
35.	Health and Wellness	<u>The Biggest Generation Part 4</u>	Kids can enforce positive peer pressure on their friends to be healthy and can fight to change what food is offered in their schools.
36.	Health and Wellness	<u>The Biggest Generation Part 5</u>	Kids have to be taught that all the little choices count. A smaller serving size can make all the difference.
37.	Health and Wellness	<u>The Most Important Meal</u>	Nine-year-old Keri Thompson has always heard that breakfast is the most important meal of the day, "I don't know why," she says, "but they say it a lot."
38.	Health and Wellness	<u>Exercise Can Improve Grades</u>	In an effort to boost test performance, many schools are taking time away from physical education and using it for more time in class. Let's re-think this, because exercise can actually improve our grades.

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39.	Bullying Prevention	<u>Silent Witness Part 1</u>	Kids talk about their experience on bullying, whether they are the bully, the victim, or the witness to bullying.
40.	Bullying Prevention	<u>Silent Witness Part 2</u>	Kyle Finn shares his experience of being bullied in school and how it hurt when his friends watched but did nothing to stop it.
41.	Bullying Prevention	<u>Silent Witness Part 3</u>	Stanzi Sanders was bullied and teased in school. While she was being bullied, other kids and even friends didn't do anything but watch.
42.	Bullying Prevention	<u>Silent Witness Part 4</u>	Sometimes it does require a parent to step in and talk to their kid's school about how to change the bullying climate in the school.
43.	Bullying Prevention	<u>Silent Witness Part 5</u>	Students discuss different ways in which they can make a change to the bullying problems at their school.
44.	Achievement	<u>Learning Good Habits Early</u>	Three children share their big dreams and how they are learning early in their school career how to make them come true.
45.	Achievement	<u>Keeping Up When You are Absent</u>	Elementary, middle and high school students talk about the importance of keeping up with assignments and never giving up, even if you are absent.